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Healthy Fruit Crisp

September 11, 2013



Contributed by



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Natasha Nadel is a journalist and author focusing on the intersection of healthy food, family and community. She is the author of *Healthy Family, Healthy You: The Healthy Mama's Guide to feeding your family well - simply and sanely!* and *The Healthy Family Healthy You Cookbook*. You can find her free e-book, *Five Easy Weeknight Meals: Your 7 Day Family Makeover*, and healthy and creative ideas for